

JOIN
THE
FASTING
MOVEMENT

2010

2010 FASTING CONTRACT

MY CAUSE OR REASON FOR FASTING:

I WILL FAST:

BEGIN DATE _____

END DATE _____

WHO WILL I ASK TO FAST WITH ME, IF ANYONE?

I BELIEVE THAT GOD IS THE ONLY ANSWER TO MY REQUEST AND THAT PRAYER WITHOUT FASTING IS NOT ENOUGH TO GET AN ANSWER TO MY NEED. THEREFORE, BY FAITH, I AM FASTING BECAUSE I NEED GOD TO WORK IN THIS MATTER.

GOD BEING MY STRENGTH AND GRACE BEING MY BASIS,
I COMMIT MYSELF TO THE ABOVE FAST.

SIGNED _____

DATE _____